

COVID-19 DECISION TREE

Are you experiencing Covid-19 symptoms? They include:

» Fever or Chills

(over 100.4°F without having taken any fever reducing medications such as acetaminophen or ibuprofen)

» Shortness of breath

(sitting or standing)

» Sore throat or Cough

» Fatigue, Fussiness, or Muscle Aches

» Headache

» Vomiting

» Nausea

» Diarrhea

» Loss of taste or smell

YES, I HAVE SYMPTOMS

NO SYMPTOMS

FOLLOW GUIDELINES

1. Stay home
2. Separate yourself from others
3. Call your doctor and notify the RMS Health Coordinator of your diagnosis: Darlene Marschak, at dmarschak@richmont.org

Students/employees who do not have a physician should call the Henrico Health Department at 804-501-5216

Have you tested positive for Covid-19?

YES

NO

Exclusion from School & Isolation

See FAQs online

Follow physician's orders, practice social distancing, wear a face covering and practice good hygiene

Have you been in contact with someone who has been diagnosed with or tested positive for Covid-19?

YES

NO

Yes, close contact

- within six feet for 10 or more minutes
- physical contact
- in the same room for an extended period

Yes, non-close contact

(outside six feet or within six feet for a brief period of time)

Practice social distancing, wear a face covering and practice good hygiene

Monitor for symptoms **AND** self-quarantine for 14 days **AND** notify RMS Health Coordinator, Darlene Marschak, at dmarschak@richmont.org

Practice social distancing, wear a face covering and practice good hygiene **AND** monitor for symptoms